



it's about saving
kids' lives

Consent Form

(please print)

Dear Parent/Legal Guardian,

Your son/daughter has shown an interest in participating in World Vision's 30 Hour Famine. Participation means that your son/daughter will:

- Sign up 30 Hour Famine sponsors and collect money to help those around the world who suffer from hunger, poverty, and a lack of hope.
- Miss three main meals by fasting for 30 hours.
- Drink only water and juice during those 30 hours.
- Turn in the Famine Student Guide and money raised to his or her Famine leader during the Famine event.

If your son/daughter is not physically capable of fasting for 30 hours, he or she can still participate in a modified fast. Please contact me if you would like to discuss this option. Before your child can participate in the Famine, including collecting funds, I would like your acknowledgment that you support his or her participation.

Thank you.

Pastor Ryan Smith
Group Leader

Nappanee First Brethren Church, Solid Source Youth
Name of Group

I have NO objection to my child, _____, participating in World Vision's 30 Hour Famine, in partnership with Nappanee First Brethren Church on March 19-20, 2010.

Signature of Parent/Legal Guardian

date

World Vision is a Christian relief and development organization dedicated to helping children and their communities worldwide reach their full potential by tackling the causes of poverty.

Fasting is a physical benefit for most people. Exceptions are children under 12 years of age, the elderly, diabetics, those pregnant or nursing, and others who have had recent surgeries or have other specific medical problems. Most youth will have no problems completing the 30 Hour Famine; however, modifications can be made as necessary. If you have any health-related questions about your child's participation in the Famine, please consult your doctor.

For more information on fasting, you can request a "Facts on Fasting" sheet from your Famine group leader. You can also obtain this sheet by calling **1-800-7-FAMINE** or finding it at **www.30hourfamine.org**. Please do not send this consent form to World Vision.